



Passages: John 15:1-17, Luke 10:38-42, Psalm 32:11, Psalm 37:4a, Psalm 63:1-8, Psalm 84, John 6:35

1 What personality type are you? Are you more Type A or Type B? Are you more like Martha or Mary?

Type A

competitive / high achievers / high sense of time urgency / always busy working on their own projects / ambitious / rigidly organized / truthful / impatient / always try to help others / take on more than they can handle / want people to get to the point / highly achievable workaholics who multi task and push themselves with deadlines and hate delays and ambivalence

Type B

relaxed / laid back / not easily stressed / achievers, but not normally as competitive as Type A's / when faced with competition, they do not mind losing and either enjoy the game or back down / they can delay work and do it in the last moment / some might be procrastinators / they may be creative and enjoy exploring new ideas and concepts / often reflective / thinkers.

2 The old hymn says, "Prone to wander, Lord I feel it. Prone to leave the God I love." Based on your personality type, where are you prone to wander? What negative tendency's do you have that need to be regularly overcome? What type of things or attitudes distract you from sitting in the presence of Jesus?

John 15:11

11 These things I have spoken to you, that my joy may be in you, and that your joy may be full.

Abiding fully in Christ is a life of exquisite and overflowing happiness. As Christ gets more complete possession of the soul, it enters into the joy of its Lord. His own joy, the joy of heaven, becomes its own, and that in full measure, and as an ever-abiding portion. Just as joy on earth is everywhere connected with the vine and its fruit, so joy is an essential characteristic of the life of the believer who fully abides in Christ, the heavenly Vine.

Abide in Christ by Andrew Murray

- 3 Read through the following passages together? What do they all seem to have in common? How do they relate to what we've been studying together in John 15 and our Abide series?

Psalm 32:11, Psalm 37:4a, Psalm 63:1-8, Psalm 84, John 6:35

- 4 The following are a list of some of the spiritual disciplines we can/should practice to help us abide in Christ. Reading, studying and meditating on God's Word, prayer, fellowship and serving with a local body, evangelism, and stewardship.

Which of those listed do you find most rewarding? Which ones do you struggle to practice? Is there one that has been especially helpful in your personal spiritual growth/health?

What are some spiritual disciplines or Rules of Life that you have annually, monthly, daily, in order to abide in Jesus? How do you protect those times or seasons in your life?